Clinical reflection journal

A structured reflection after a clinical shift or practicum day: what happened, feelings, analysis and what you'll do next time.

NAME _____ DATE _____

DATE _____ PLACEMENT OR UNIT _____

What happened? (no identifying details)

What was I thinking and feeling?

What went well, and what was hard?

What does it connect to from class?

What will I do differently next time?

Never write patient names or details that could identify anyone. Follow your program's and placement site's privacy rules.